

Here are things
you should
know about
Tinnitus



Tinnitus is when you experience ringing or other noises in one or both of your ears. The noise you hear when you have tinnitus isn't caused by an external sound, and other people usually can't hear it.



Tinnitus

is a common problem

It affects about **15% to 20%** of people,
and is especially common in older adults.

Tinnitus is usually caused by an underlying condition, such as age-related hearing loss, an ear injury or a problem with the circulatory system. For many people, tinnitus improves with treatment of the underlying cause or with other treatments that reduce or mask the noise, making tinnitus less noticeable.




SYMPTOMS

Tinnitus is most often described as a ringing in the ears, even though no external sound is present.


However, tinnitus can also cause other types of phantom noises in your ears, including:

Buzzing
Roaring
Clicking
Hissing
Humming



A decorative graphic on the left side of the page consists of a vertical line of blue dots, a vertical line of orange dots, and two orange crosses, one at the top and one at the bottom.

Most people who have tinnitus have subjective tinnitus, or tinnitus that only you can hear. The noises of tinnitus may vary in pitch from a low roar to a high squeal, and you may hear it in one or both ears. In some cases, the sound can be so loud it interferes with your ability to concentrate or hear external sound. Tinnitus may be present all the time, or it may come and go.

A decorative graphic on the bottom right side of the page consists of a horizontal line of blue dots, a horizontal line of orange dots, and two orange crosses, one at the top and one at the bottom.

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In rare cases, tinnitus can occur as a rhythmic pulsing or whooshing sound, often in time with your heartbeat. This is called pulsatile tinnitus. If you have pulsatile tinnitus, your doctor may be able to hear your tinnitus when he or she does an examination (objective tinnitus)

WHEN TO SEE A DOCTOR

Some people aren't very bothered by tinnitus. For other people, tinnitus disrupts their daily lives. If you have tinnitus that bothers you, see your doctor.

1. Make an appointment to see your doctor if:
You develop tinnitus after an upper respiratory infection, such as a cold, and your tinnitus doesn't improve within a week.

2. See your doctor as soon as possible if:
You have hearing loss or dizziness with the tinnitus.
You are experiencing anxiety or depression as a result of your tinnitus.

Book
your _____
consultation
with our **Expert Audiologist**
_____ **Today**

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To Book Appointment Call

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